

CONTINUING LEGAL EDUCATION

THE BAR ASSOCIATION OF SAN FRANCISCO



The Wellness Committee presents

Law Firm Well–Being Strategies Beyond Perks

Maximizing Attorney and Professional Staff Effectiveness

Tuesday

April 21, 2026

Registration: 11:30 a.m. - 12:00 p.m.

Virtual Program: 12:00 - 1:30 p.m.

Speakers

Sarah Good

Partner and Chief Talent and Inclusion Officer, Farella Braun + Martel

Carla Lempera

Director of Engagement and Performance Optimization, Nixon Peabody

Valerie Markle

Diversity and Equity and Inclusion Community Manager, Davis Wright Tremaine

Johana Roberts

Professional Development and Well-Being Manager, Wilson Sonsini

Veronica Spongberg

Senior Human Resources Manager, Davis Wright Tremaine

Jeremy Strauss

Chief Human Relations Officer, Hanson Bridgett

Moderator

Dee Dee Dickey

Founder and Coach, Dickey Coaching and Consulting

Moving beyond traditional benefits, this roundtable will examine how law firms are successfully incorporating well-being into their operations. The discussion will focus on approaches that foster strong performance and long-term success for attorneys and professional staff. Panelists will discuss how firms can:

- Build a sustainable practice environment through leadership and firm structures that promote sustained effectiveness
- Use well-being initiatives to strengthen inclusion, engagement, and retention for attorneys and professional staff
- Design flexible work approaches that support client service while meeting the needs of attorneys and professional staff

Location

Virtual Meeting

Zoom link will be provided prior to the program.

Cost

Free for BASF Member

\$75 All Others

All prices increase \$10 on the day of the program.

Pre-registration is required.

Viewing Options



Live Webcast available, register at www.sfbar.org



Webcast Recording will be available. Register separately on our online platform.

Special Requests:

People with disabilities should contact BASF regarding reasonable accommodations at events@sfbar.org.

All are welcome, varying rates apply based on membership status.

Register online: www.sfbar.org/calendar

Event Code: G261624