

CONTINUING LEGAL EDUCATION

THE BAR ASSOCIATION OF SAN FRANCISCO



presents

Reset, Recover, Renew - Signs and Symptoms of Substance Use and Mental Health Issues Among Attorneys (Rebroadcast)

Speaker

Lita Abella

State Bar of California

Moderator

Chambord Benton-Hayes

Benton Employment Law Group

This webinar will cover wellness, mental health and substance abuse as well as satisfy the competency CLE requirement.

Topics

- Exploring what causes legal professionals to suffer from substance use and mental health issues
- Overcoming the stigma of substance use and mental health challenges to maintain attorney competence
- Developing a self-care plan and wellness strategies during these challenging times
- Learning about the Lawyer Assistance Program and other resources to maintain a balanced and healthy lifestyle

Thursday

January 6, 2022

MCLE Registration: 11:30 a.m.- 12:00 p.m.

Virtual Program: 12:00 - 1:15 p.m.

MCLE: 1 Hour in Competence Issues

To receive MCLE credit, you must sign in during the designated MCLE registration period. This activity is approved for Minimum Continuing Legal Education credit by the State Bar of California. BASF is a certified provider.

Provider #103

Pre-Registration is required.

Cost

\$35.00 BASF Members

\$65.00 Non-Members

FREE for BASF Law Students and Paralegals

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Webcast Recording is also available at our online library at www.sfbbar.org

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Register online: www.sfbbar.org

Event Code: G221605