



Barristers Yoga at Grace Cathedral

LOCATION

Grace Cathedral
1100 California Street
San Francisco, CA 94108

COST

\$20 donation at the door
FREE for Law Students with pre-registration

RSVP required

The Barristers Wellness Committee invites you to attend a yoga night at Grace Cathedral church in San Francisco. Immerse yourself in a community of your fellow yogi Barristers as you lay your mat amidst the soaring Gothic columns and stained glass windows of this sacred space. Practice is suitable for all levels with expert instruction and soothing live music. For attorneys, incorporating wellness practices like yoga into your routine is essential for maintaining mental clarity, reducing stress, and fostering a balanced, healthy lifestyle.



**Tuesday
April 22
2025**

6:00 - 7:30 p.m.