

# THE BAR ASSOCIATION OF SAN FRANCISCO

BASF's ADR Department presents

## ADR Speaker Series



## Courageous Democracy

### Bridging Divides for a Peaceful & Sustainable Democracy

This workshop serves people concerned about the level of divisiveness in our country, and yearning for a clear idea of how to help.

Come learn and practice evidence-based tools for courageous conversations and collaboration across differences. These tools have been shown to decrease distress and polarization, and improve connection, communication, and collaboration.

Courageous Leadership has served organizations such as Rotary, Hewlett Foundation, Center for Domestic Peace, MIT Sloan, Pfizer, GE, Stanford, Kaiser, Google, Salesforce, Microsoft, Columbia Medical Center, and the Australian Government.

### Topics

Join us for an introduction to:

- How to have respectful and effective conversations
- How to collaborate across differences
- How to apply science-backed strategies for increasing understanding and overcoming divisiveness
- How to implement Social Fitness Training™ and other evidence-based tools
- How to wield the power of compassion and courage to transform conflict

### Speakers



#### Brooke Deterline

CEO, Courageous Leadership  
TedxTalk Speaker



#### Ken White

Executive Consultant, Courageous Leadership



#### Donald Proby

Executive Consultant, Courageous Leadership

**Friday,  
January 17, 2025**

Registration 11:30 a.m. – 12:00 p.m.  
Virtual Program: 12:00 – 1:30 p.m.  
Q & A: 1:30 – 2:00 p.m.

**\*Participatory live online training -  
not a webinar**

**MCLE: No MCLE provided.**

### Location

Zoom

### Cost

\$75 General

\$60 BASF Members

All are welcome. For half or full scholarships, please write to Marilyn King at [mking@sfbf.org](mailto:mking@sfbf.org).

**Pre-registration is required.**



**BASF MEMBERS:  
BE SURE TO LOGIN TO GET YOUR  
DISCOUNT!**

Special Requests:

People with disabilities should contact BASF regarding reasonable accommodations at [mking@sfbf.org](mailto:mking@sfbf.org).

**Event Code** ADR252037

[REGISTER ONLINE](#)